



The Lenten Season

Forty days has Lent each year;
For the soul to God endear;
Confess sins to God to hear;
Live a life pure without fear.

Prayer is key primary;
Fasting cleanses mind, body;
One does good deeds, charity;
Heart gets grace and purity.

Time to introspect divine;
Reconcile with Christ, the Vine;
Let remorse make heart to pine;
For repentance that turns life fine.

Like Jesus, let's fight the devil;
Let us do no more evil;
Lent can heal the soul that's ill;
We must take heaven's road well!

Lent is gift of God that's lent,
And for deeds gods is just meant;
Soul must turn sinless and bent
Erasing stain and all dent!

Dr. A. Celestine Raj Manohar M.D.



As we enter into this time of Lent, let us remember it is a time for healing our souls within the spirit of our Lord. Ask the Lord to renew and cleanse our hearts and fill our spirit with God's Word. Walk in Jesus Christ's path of passion, and the washing of our sinful nature. Be transformed in our way of thinking in order for us to proclaim the gospel.

In Jesus' name – Amen (Pastor Dawn)